



FOOD PREPARATION AND NUTRITION



GCSE Food Preparation and Nutrition is an exciting and creative course which focuses on practical cooking skills to ensure students develop a thorough understanding of nutrition, food provenance and the working characteristics of food materials. At its heart, this qualification focuses on nurturing students' practical cookery skills to give them a strong understanding of nutrition.

Upon completion of this course, students will be qualified to go on to further study, embark on an apprenticeship or full time career in the catering or food industries.

