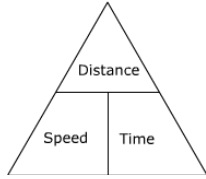


Speed (m/s) = $\frac{\text{Distance travelled (metres)}}{\text{Time (seconds)}}$

So if a student runs 10 metres in 2 seconds he is running at a speed of $10 \div 2 = 5 \text{ m/s}$



Knowledge Organiser – Forces

Forces can change the direction, speed or shape of an object.

There are 2 types of forces:

Contact- such as friction, air resistance, reaction, tension and thrust

How can you calculate relative speed?

Situation	Relative speed
2 cars moving in the same direction	Fastest speed – slowest speed
2 cars moving in opposite directions towards, or away from, each other	Add the two speeds together

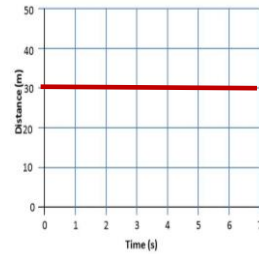
A **moment** is a turning force, measured in newton metres (Nm):
Moment = force x distance from the pivot

Pressure is how much force is applied to a certain area and is measured in **pascals (Pa)** or newtons per square metre (N/m^2)
Pressure = $\frac{\text{force}}{\text{area}}$

Pressure increases with depth of a liquid.

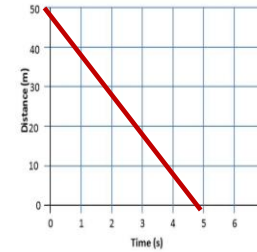
Objects **float** if they displace a greater weight of water than their weight.

Distance time graphs 1:



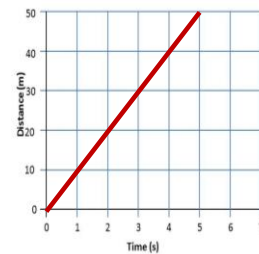
This object is staying still. It is 30m away from the starting point.

Distance time graphs 3:



This object is returning to the starting point.

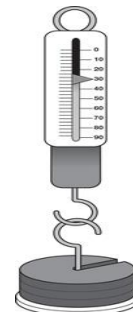
Distance time graphs 2:



This object is moving at a constant speed of 10m/s.

Forces are measured in Newtons (N)

You can measure forces using a Newton meter:



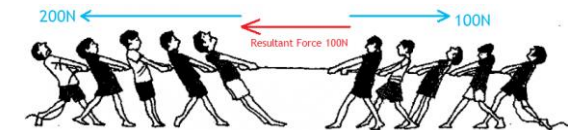
You can't see forces, but you can see the effects of them.

When you draw diagrams, add arrows to show where forces are acting.

Force arrows show the direction *and* size of the force.

Forces act on the object so the arrow must touch the object it is acting on.

Resultant force = bigger force – smaller force



Forces are balanced when they are the same size and acting in the opposite direction. They are said to be in equilibrium.

Weight is a **force** caused by **gravity**. It is measured in **Newtons (N)**. The weight of an object **can change**.

Mass is the **amount of material** in an object. It is measured in **kilograms (kg)**. The mass of an object **does not change**.

Weight = mass x gravitational field strength

On Earth, the gravitational field strength = 10N/kg

Instantaneous speed is the speed of something at that moment in time

Average speed is total distance travelled divided by total time taken