

## Psychology Knowledge Organiser – Approaches

### The basic assumptions of the following approaches

Origins of Psychology: Wundt, introspection and the emergence of Psychology as a science.

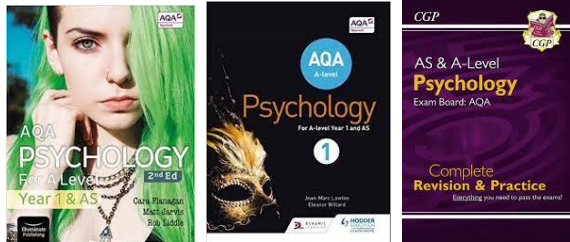
The basic assumptions of the following approaches:

- Learning approaches: i) the behaviourist approach, including classical conditioning and Pavlov's research, operant conditioning, types of reinforcement and Skinner's research; ii) social learning theory including imitation, identification, modelling, vicarious reinforcement, the role of mediational processes and Bandura's research.
- The cognitive approach: the study of internal mental processes, the role of schema, the use of theoretical and computer models to explain and make inferences about mental processes. The emergence of cognitive neuroscience.
- The biological approach: the influence of genes, biological structures and neurochemistry on behaviour. Genotype and phenotype, genetic basis of behaviour, evolution and behaviour.
- The psychodynamic approach: the role of the unconscious, the structure of personality, that is Id, Ego and Superego, defence mechanisms including repression, denial and displacement, psychosexual stages.
- Humanistic Psychology: free will, self-actualisation and Maslow's hierarchy of needs, focus on the self, congruence, the role of conditions of worth. The influence on counselling Psychology.
- Comparison of approaches.

### Issues and debates in Psychology

- Gender and culture in Psychology – universality and bias. Gender bias including androcentrism and alpha and beta bias; cultural bias, including ethnocentrism and cultural relativism.
- Free will and determinism: hard determinism and soft determinism; biological, environmental and psychic determinism. The scientific emphasis on causal explanations.
- The nature-nurture debate: the relative importance of heredity and environment in determining behaviour; the interactionist approach.
- Holism and reductionism: levels of explanation in Psychology. Biological reductionism and environmental (stimulus-response) reductionism.
- Idiographic and nomothetic approaches to psychological investigation.
- Ethical implications of research studies and theory, including reference to social sensitivity.

## Wider reading



<https://www.simplypsychology.org/perspective.html>

<https://www.tutor2u.net/psychology/collections/a-level-psychology-study-notes-approaches-and-biological-psychology>

<https://www.physicsandmathstutor.com/psychology-revision/a-level-aqa/approaches-in-psychology/>

## Exam Skill

Analyse	Separate information into components and identify their characteristics.
Calculate	Work out the value of something
Choose	Select from a range of alternatives.
Comment	Present an informed opinion.
Compare	Identify similarities and/or differences.
Complete	Finish a task by adding to given information.
Consider	Review and respond to given information.
Describe	Give an account of.
Design	Set out how something will be done.
Discuss	Present key points about different ideas or strengths and weaknesses of an idea.
Distinguish	Explain ways in which two things differ. Provide detail of characteristic that enable a person to know the difference between ...
Draw	Produce a diagram.
Evaluate	Judge from available evidence.
Explain	Set out purposes or reasons.
Explain how	Give a detailed account of a process or way of doing something.
Explain why	Give a detailed account of reasons in relation to a particular situation.
Identify	Name or otherwise characterise.
Give	Produce an answer from recall or from given information.
Justify	Provide reasons, reasoned argument to support, possibly provide evidence.
Label	Provide appropriate names on a diagram.
Name	Identify using a recognised technical term.
Outline	Set out main characteristics.
Select	Choose or pick out from alternatives.
State	Express in clear terms.
Suggest	Present a possible case/solution.
Which is	Select from alternatives.
What is meant by	Give a definition.
Write	Provide information in verbatim form.