

### Relief of the UK

Relief of the UK can be divided into uplands and lowlands. Each have their own characteristics.

**Key**

- Lowlands
- Uplands

**Areas +600m: Peaks and ridges cold, misty and snow common. i.e. Scotland**

**Areas - 200m: Flat or rolling hills. Warmer weather. i.e. Fens**

### Types of Erosion

The break down and transport of rocks – smooth, round and sorted.	
<b>Attrition</b>	Rocks that bash together to become smooth/smaller.
<b>Solution</b>	A chemical reaction that dissolves rocks.
<b>Abrasion</b>	Rocks hurled at the base of a cliff to break pieces apart or scraped against the banks and bed of a river.
<b>Hydraulic Action</b>	Water enters cracks in the cliff, or river bank, air compresses, causing the crack to expand.

### Types of Transportation

A natural process by which eroded material is carried/transported.

<b>Solution</b>	Minerals dissolve in water and are carried along.
<b>Suspension</b>	Sediment is carried along in the flow of the water.
<b>Saltation</b>	Pebbles that bounce along the sea/river bed.
<b>Traction</b>	Boulders that roll along a river/sea bed by the force of the flowing water.

### Mass Movement

A large movement of soil and rock debris that moves down slopes in response to the pull of gravity in a vertical direction.

**Rock slides** occur when there is a failure along the bedding plane.

**Slumping** occurs when there is a downward rotation of sections of cliff. Often occur after heavy rain.

### Formation of Coastal Spits – LSD + Deposition

**Example: Spurn Head, Holderness Coast.**

- 1) Swash moves up the beach at the angle of the prevailing wind.
- 2) Backwash moves down the beach at 90° to coastline, due to gravity.
- 3) Zigzag movement (Longshore Drift) transports material along beach.
- 4) Deposition causes beach to extend, until reaching a river estuary.
- 5) Change in prevailing wind direction forms a hook.
- 6) Sheltered area behind spit encourages deposition, salt marsh forms.

### Types of Weathering

Weathering is the breakdown of rocks where they are.

<b>Chemical</b>	Breakdown of rock by changing its chemical composition. e.g. dissolving limestone.
<b>Mechanical</b>	Breakdown of rock without changing its chemical composition e.g. freeze thaw

### What is Deposition?

When the sea or river loses energy, it drops the sand, rock particles and pebbles it has been carrying. This is called deposition. Heaviest material is deposited first.

**Rockfall** is the rapid free fall of rock from a steep cliff face because of gravity.

## Unit 1c Physical Landscapes in the UK

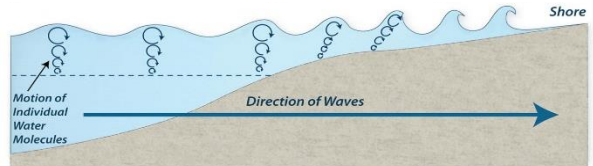


### How do waves form?

Waves are created by wind blowing over the surface of the sea. As the wind blows over the sea, friction is created - producing a swell in the water.

### Why do waves break?

1. Waves start out at sea.
2. As waves approaches the shore, friction slows the base.
3. This causes the orbit to become elliptical.
4. Until the top of the wave breaks over.



### Mechanical Weathering Example: Freeze-thaw weathering

<b>Stage One</b> Water seeps into cracks and fractures in the rock.		<b>Stage Two</b> When the water freezes, it expands about 9%. This wedges apart the rock.		<b>Stage Three</b> With repeated freeze-thaw cycles, the rock breaks off.	
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### Size of waves

### Types of Waves

Constructive Waves	Destructive Waves
This wave has a <b>swash</b> that is stronger than the backwash. This therefore builds up the coast.	This wave has a <b>backwash</b> that is stronger than the swash. This therefore erodes the coast.

- Affected by:**
- Fetch how far the wave has travelled
  - Strength of the wind.
  - How long the wind has been blowing for.

### Formation of Bays and Headlands

- 1) Waves attack the coastline.
- 2) Softer rock is eroded by the sea quicker forming a bay, calm area cases deposition.
- 3) More resistant rock is left jutting out into the sea. This is a headland and is now more vulnerable to erosion.

### Formation of Coastal Stack

**Example: Old Harry Rocks, Dorset**

- 1) Hydraulic action widens cracks in the cliff face over time.
- 2) Abrasion forms a wave cut notch between high tide and low tide.
- 3) Further abrasion widens the wave cut notch to form a cave.
- 4) Caves from both sides of the headland break through to form an arch.
- 5) Weather above/erosion below –arch collapses leaving stack.
- 6) Further weathering and erosion eaves a stump.

## Coastal Defences

## Middle Course of a River

## Lower Course of a River

Hard Engineering Defences		
<b>Groynes</b>	Wood barriers prevent longshore drift, so the beach can build up.	<ul style="list-style-type: none"> <li>✓ Beach still accessible.</li> <li>✗ No deposition further down coast = erodes faster.</li> </ul>
<b>Sea Walls</b>	Concrete walls break up the energy of the wave. Has a lip to stop waves going over.	<ul style="list-style-type: none"> <li>✓ Long life span</li> <li>✓ Protects from flooding</li> <li>✗ Curved shape encourages erosion of beach deposits.</li> </ul>
<b>Gabions or rock armour (without a cage)</b>	Cages of rocks/boulders absorb the waves energy, protecting the cliff behind.	<ul style="list-style-type: none"> <li>✓ Cheap</li> <li>✓ Local material can be used to look less strange.</li> <li>✗ Will need replacing.</li> </ul>

Here the gradient get gentler, so the water has less energy and moves more slowly. The river will begin to erode laterally making the river wider.



### Physical and Human Causes of Flooding.

**Physical: Prolong & heavy rainfall**  
Long periods of rain causes soil to become saturated leading runoff.

**Physical: Geology**  
Impermeable rocks causes surface runoff to increase river discharge.

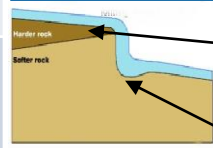
**Physical: Relief**  
Steep-sided valleys channels water to flow quickly into rivers causing greater discharge.

**Human: Land Use**  
Tarmac and concrete are impermeable. This prevents infiltration & causes surface runoff.

### Upper Course of a River

Near the source, the river flows over steep gradient from the hill/mountains. This gives the river a lot of energy, so it will erode the riverbed vertically to form narrow valleys.

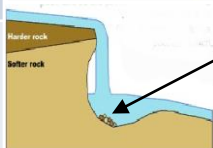
### Formation of a Waterfall



1) River flows over alternative types of rocks.

2) River erodes soft rock faster creating a step.

3) Further hydraulic action and abrasion form a plunge pool beneath.



4) Hard rock above is undercut leaving cap rock which collapses providing more material for erosion.

5) Waterfall retreats leaving steep sided gorge.

### Formation of Ox-bow Lakes

#### Step 1



Erosion of outer bank forms river cliff. Deposition inner bank forms slip off slope.

#### Step 2



Further hydraulic action and abrasion of outer banks, neck gets smaller.

#### Step 3



Erosion breaks through neck, so river takes the fastest route, redirecting flow

#### Step 4



Evaporation and deposition cuts off main channel leaving an oxbow lake.

### Morpeth flood defences

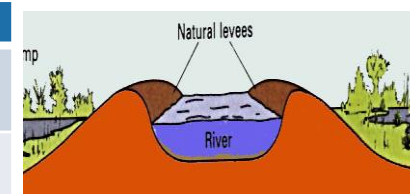
The Morpeth scheme – the largest flood protection project in the North East costing £26m. Work on the alleviation scheme started in 2013 as

Near the river's mouth, the river widens further and becomes flatter. Material transported is deposited.

### Formation of Floodplains and levees

When a river floods, fine silt/alluvium is deposited on the valley floor. Closer to the river's banks, the heavier materials build up to form natural levees.

- ✓ Nutrient rich soil makes it ideal for farming.
- ✓ Flat land for building houses.



### River Management Schemes

#### Soft Engineering

**Afforestation** – plant trees to soak up rainwater, reduces flood risk.  
**Demountable Flood Barriers** put in place when warning raised.  
**Managed Flooding** – naturally let areas flood, protect settlements.

#### Hard Engineering

**Straightening Channel** – increases velocity to remove flood water.  
**Artificial Levees** – heightens river so flood water is contained.  
**Deepening or widening river** to increase capacity for a flood.

### Soft Engineering Defences

<b>Beach Nourishment</b>	Beaches built up with sand, so waves have to travel further before eroding cliffs.	<ul style="list-style-type: none"> <li>✓ Cheap</li> <li>✓ Beach for tourists.</li> <li>✗ Storms = need replacing.</li> <li>✗ Offshore dredging damages seabed.</li> </ul>
<b>Managed Retreat</b>	Low value areas of the coast are left to flood & erode.	<ul style="list-style-type: none"> <li>✓ Reduce flood risk</li> <li>✓ Creates wildlife habitats.</li> <li>✗ Compensation for land.</li> </ul>
<b>Dune regeneration</b>	Better for nature and habitats No Knock-on effects. Looks better for tourists and locals	<ul style="list-style-type: none"> <li>✗ Less sturdy</li> <li>✗ More easily eroded</li> <li>✓ Reduce flood risk</li> <li>✓ Creates wildlife habitats.</li> </ul>

### Hydrographs and River Discharge

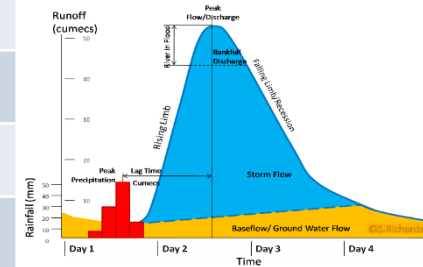
River discharge is the volume of water that flows in a river. Hydrographs who discharge at a certain point in a river changes over time in relation to rainfall

1. **Peak discharge** is the discharge in a period of time.

2. **Lag time** is the delay between peak rainfall and peak discharge.

3. **Rising limb** is the increase in river discharge.

4. **Falling limb** is the decrease in river discharge to normal level.



### Case Study: Holderness coastline

**Location and Background**  
In the North East of England, between the Humber Estuary and Flamborough head. Stormy years - waves from the North Sea remove between 7 and 10m of coastline. Geology is weak BOULDER CLAY. The coastline today is 4km inland from where it was in Roman times, and there are many LOST villages of the Holderness coastline

**Management**  
Mableton has sea defenses because of the B1242 road. They protect 100 people. Blocks of granite placed along the cliff base and 2 rock groynes were put into place to trap sediment moving because of longshore drift. The beach that will develop between the two groynes will help protect the sea wall (or revetment). It was 'seeded' with waste material from the construction of the access ramp. Cost was £17 million.

### Case Study: The River Tees

#### Location and Background

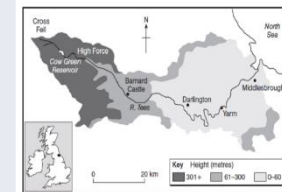
Located in the North of England and flows 137km from the Pennines to the North Sea at Red Car.

#### Geomorph Processes

**Upper** – Features include V-Shaped valley, rapids and waterfalls. Highforce Waterfall drops 21m and is made from harder Whinstone and softer limestone rocks. Gradually a gorge has been formed.

**Middle** – Features include meanders and ox-bow lakes. The meander near Yarm encloses the town.

**Lower** – Greater lateral erosion creates features such as floodplains & levees. Mudflats at the river's estuary.



a response to Morpeth's River Wansbeck breaking its banks, damaging 1,000 homes and businesses in September 2008. The protective measures include a huge upstream dam and

storage area on the Mitford Estate storing enough water to fill 560 Olympic swimming pools and conservation efforts to protect the nationally-important white clawed crayfish native to the River Wansbeck