Body Language	How the body is used to express a character's emotions, thoughts, motives and actions.	The actor wrapped her arms around her waist, clutching her dress, showing the audience that her character was unwilling to talk.
Proxemics	An Actor's use of space	The actor used proxemics to convey the character's sense of entrapment. She restricted her character's space to a small square stage left and only went outside of what seemed to be an imaginary cage when the other character left the stage
Poise	The way a character moves. I.e gracefully	The actor walked to his chair fluidly, with relaxed body tension, conveying his character's contentment.
Gait	The way a character walks. i.e with a confident stride	The actor walked to his classroom primly by assuming a stiff gait and holding his chin up, thus conveying to the audience his character's high status.
		The actor tensed the muscles in both her arms, holding Edward tight, so that he could hardly breathe. As her body tension diminished, she let go of him, as she stared into his

How relaxed of tensed an

Can be low, medium or high.

interesting 'stage pictures'.

An Actor's use of arm

The shape of a character's

back and neck. I.E. slouched

How emotion is shown

This can reflect attitude

How fast or slow an actor

The importance or power of

through the face.

moves or speaks.

and/or age.

movement

or upright

actors muscles are.

Body Tension

Levels

Gesture

Posture

Facial

Pace

Expression

Energy Levels

eyes with furrowed brows, mouth slightly open, as if on the verge of speaking. The audience quickly understood that her

When Mrs Johnstone began to plead, the actor walked onto

When Mrs Lyons refused to let Mrs Johnstone see the baby, the actor playing Mrs J held her left arm outwards for a second in an attempt to get Mrs Lyons out of the way, then

she slowly withdrew her arm and placed it close to her heart,

Taken aback by Mrs Johnstone's aggressive attitude, the actor

assumed an upright posture, straight back and neck, gazing

The actor lowered his gaze and with eyelids half closed he whispered "Please". His mouth remained half open for a

a sigh, relaxed the muscles around his mouth, letting the

audience know that he was tired of arguing.

character's overwhelming feeling of fear.

The importance or power of a character.

second, as if more words were to follow. However, he let out

The actor raised his energy levels as she shouted "You can't".

This showed the audience her character's determination not

The actor quickened the pace of her line, emphasising the

into her eyes showing the audience that her character's

she emphasised the growing gap in status between her

attachment to Edward was as strong as ever.

Essential for creating visually the first step of the white staircase: by moving up one level

character and Mrs Johnstone.

determination

to give up.

Physical Skills

Vocal Skills

Reflects an emotion. to show the audience how much her

Tone of Voice

Voice

She said the words in a hopeful tone of voice

character longed to achieve her dream. The actor's rugged voice emphasised his

Quality	Texture of a voice.	character's old age and tiredness.
	Notes hit when speaking	The actor raised the pitch of her voice as she verbally attacked another character on stage. When saying the words ''Tell me'', her pitch lowered, and her tone became more sympathetic.
	How loud or quiet the voice is.	The actor walked towards the other characters on stage with a bold gait and quick strides, raising the volume of her voice to emphasise her character's determination.
Pace of	character, situation,	The actor quickened the pace of the scene by rushing his lines, emphasising his character's overwhelming flush of emotions.
Diction		The actor's diction remained clear throughout her speech, to emphasise that the character was trying hard to get her message across carefully and clearly.
	Indicated where a character comes	The actor's strong Liverpudlian accent made the character more human and securely rooted him in the reality of 1950 Liverpool working class life.
	Affects pace and	The actor paused for a moment, and his unexpected silence heightened the tension greatly.
	Only one note used	The actor conveyed his character's sense of boredom by using a monotone voice throughout the speech.
		The actor emphasised the word 'choice' with an aggressive tone of voice.
	Can be rising or falling; indicates intention and/or	After another character's angry outburst, the actor used falling intonation and a quiet tone of voice in order to convey his character's sadness that he had been shouted