

Physical Education – Level 2 Unit 6 – Leading Sports Activities

Grading Criteria 6a

Level - Pass

Describe the attributes of two selected successful sports leaders.
Create 2 detailed lesson plans

Level - Merit

Evaluate the attributes of two successful sports leaders.
Justify the choice of activities within your two lesson plans
Lead a successful sports activity session

Level - Distinction

Compare and Contrast the attributes of two successful sports leaders.



Leader 1		Leader 2	
Positive attribute 1	Why it will lead to success of session?	Positive attribute 1	Why it will lead to success of session?
Positive attribute 2	Why it will lead to enjoyment ?	Positive attribute 2	Why it will lead to enjoyment ?
Negative attribute	Why it could cause issues? (success or enjoyment or safety)	Negative attribute	Why it could cause issues? (success or enjoyment or safety)

Leading a sports session

- Confidence
- Knowledge
- Organisation
- Planning
- Differentiation
- Use of space
- Leadership style



Comparing two sports leaders:

Carry out research into successful sports leaders using textbooks, the internet and journals. You may also consider sports leaders who have led sporting events that you have taken part in and/or sports leaders who coach professional or national sports teams.

- Describe the skills and qualities of a sport leader
- Describe the responsibilities of a sport leader
- Explain the attributes needed to become a successful sports leader, give examples to explain your answer.

Skills and Attributes:

communication, organisation of equipment, knowledge, activity structure, target setting, use of language, evaluation, appearance, enthusiasm, confidence, leadership style, motivation, humour, personality, professional conduct, health and safety, equality, insurance, child protection, legal obligations, ethics and values, rules and regulations.

Lesson Planning:

- Session aim/objective (what you want to teach)
- Equipment needed
- Warm up
- Main component (can be more than 1 drill and game)
- Cool down
- Timings
- Knowledge of group
- Health and Safety concerns
- Questionnaire/feedback



Differentiation

S – Space – Is the space appropriate for the activity?
T – Task – How will you communicate the task?
E – Equipment – What equipment will you need?
P – People – How will you organise the group ?



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Term	Definition/notes/concept
Communication	
Organisation	
Knowledge	
Activity Structure	
Target Setting	
Language	
Evaluation	
Appearance	
Enthusiasm	
Confidence	
Leadership Style	
Motivation	
Humour	
Personality	

Keywords: • Safety • Enjoyment • Organisation • Injury • Progress • Develop skills • Control group • Demonstrate • Effectively • Use of space • Time • Enthusiasm • Conditioned game • Technique • Cool down • Evaluate